Ordering Physician:

Institute of Alternative Medicine Brian Hardy DC,LAc,CCN,DACBN 301 North 200 East Suite 1 - C St. George, UT 84770

Accession Number: Reference Number: Patient: Sex: Male Age: 57 Date of Birth: 10/26/11 Date Collected: 10/27/11 Date Received: Report Date: 11/3/11 Telephone: Fax: Reprinted: Comment:

Methodology: LC/Tandem Mass Spectroscopy, Colorimetric

Organic Acid Comprehensive Profile

Summary of abnormal resul	ts:		
	Findings	Intervention Options	Common Metabolic Association
Fatty Acid Metabolism			
Adipate	High	Carnitine, B2	Fatty acid oxidation
Suberate	High	Carnitine, B2	Fatty acid oxidation
Carbohydrate Metabolism			
ß-Hydroxybutyrate	Very High	Cr, V, Lipoic Acid, Mg, Mn	Ketosis
Energy Production Markers			
No Abnormality Found			
B-Complex Vitamin Markers			
a-Ketoisovalerate	High	Lipoic Acid, B1, B2, B3, B5	Impaired Valine metabolism
Methylation Cofactor Markers			
No Abnormality Found			
Neurotransmitter Metabolism Mar	kers		
Homovanillate	Low	Tyrosine	Dopamine turnover inhibition
Oxidative Damage and Antioxidar	nt Markers		
p-Hydroxyphenyllactate	Very High	Vitamin C, Vitamin E	Pro-oxidant and carcinogen
Detoxification Indicators			
No Abnormality Found			
Bacterial - General No Abnormality Found			
L. acidophilus / general bacteria			
No Abnormality Found			
Clostridial Species			
No Abnormality Found			
<u>Yeast/Fungal</u>			
D-Arabinitol	High	Antifungals	Yeast Overgrowth

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Organic Acid Comprehensive Profil	le		Methodology: LC/Tandem Mass Spectroscop	v, Colorimetric
This report is not intended for the diagnosis of neonatal inborn errors of metabolism. Ranges are for ages 13 and over			Percentile Ranking by Quintile1st2nd3rd4th5th20%40%60%80%	95% Reference
NUTRIENT MARKERS				
Fatty Acid Metabolism	Result	6		
(Carnitine & B2)	ug/mg	creatinine		
1 Adipate	6.3	н	5.2	<= 8.3
2 Suberate	2.7	н		<= 3.2
3 Ethylmalonate	1.8		3.6	<= 6.3
Carbohydrate Metabolism				
(B1, B3, Cr, Lipoic Acid, CoQ10)			3 9	
4 Pyruvate	<dl*< td=""><td></td><td></td><td><= 6.4</td></dl*<>			<= 6.4
5 L-Lactate	3		14	3 - 46
6 β-Hydroxybutyrate	27.4	н		<= 9.9
Energy Production (Citric Acid Cycle)				
(B comp., CoQ10, Amino acids, Mg)				
7 Citrate	164		601	56 - 987
8 Cis-Aconitate	33		51	18 - 78
9 Isocitrate	64		98	39 - 143
10 a-Ketoglutarate	5.3			<= 35.0
11 Succinate	3.6		11.6	<= 20.9
12 Fumarate	0.40		0.59	<= 1.35
12 Malata	0.10		1.4	- 0.4
	0.5		3.6	<= 3.1
14 Hydroxymethylglutarate	2.1			<= 5.1

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Ranges are for ages 13 and over		2	0%	40%	60%	80%	Interval
B-Complex Vitamin Markers Re	esults						
(B1, B2, B3, B5, B6, Biotin) ug	g/mg creatinine						
15 a-Ketoisovalerate 0.	.27 <mark>H</mark>			— I F	+	↓ ◆ ↓	<= 0.49
16 a-Ketoisocaproate 0	.25	- н н н		+		0.34	<= 0.52
17 a-Keto-β-Methylvalerate 0.	.31					0.38	<= 1.10
18 Xanthurenate 0	28				1	0.47	<= 0.74
			32	1		7.6	
19 β-Hydroxyisovalerate	4.1		•	1	-		<= 11.5
Methylation Cofactor Markers (B12, Folate)							
20 Methylmalonate	0.7	+ + +				1.7	<= 2.3
21 Formiminoglutamate	0.6	+ +	•			1.2	<= 2.2
CELL REGULATION MARKERS							
Neurotransmitter Metabolism Markers							
(Tyrosine, Tryptopnan, B6, antioxidants)		1.8				3.0	
22 Vanilmandelate	2.0	1.0		1	1	3.9	1.3 - 4.9
23 Homovanillate	2.0 L	2.1			1	6.3	1.6 - 10.9
24 5-Hydroxyindoleacetate	2.1	2.1		-	1	5.6	1.6 - 9.8
			98			1.9	
25 Kynurenate	1.4			+ +	+	+ +	<= 2.7
26 Quinolinate	1.5	+ + + +				4.0	<= 5.8
27 Picolinate	3.2	+ + +			-1	8.0	2.8 - 13.5
Oxidative Damage and Antioxidant Markers							
(Vitamin C and other antioxidants)							
28 p-Hydroxyphenyllactate 2	33 H	+ +		-		0.79	<= 1.45
						5.3	
29 8-Hydroxy-2-deoxyguanosine **	5.1	+ +			+ +		<= 7.6

** Units for 8-Hydroxy-2-deoxyguanosine are ng/mg creatinine

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		20%	40%	60% 80%	Interval
TOXICANTS AND DETOXIFICATION	N				
Detoxification Indicators	Results				
(Arg, NAC, Met, Mg, antioxidants)	ug/mg creatinine			0.084	
30 2-Methylhippurate	0.013	+ + +			
				0.69	
31 Orotate	0.50	+ +		♦	<= 1.01
32 Glucarate	12		1	6.3	<= 10.7
			4 E	0.3	
33 a-Hydroxybutyrate	<dl*< td=""><td></td><td></td><td></td><td><= 0.9</td></dl*<>				<= 0.9
				59	_
34 Pyroglutamate	31				28 - 88
35 Sulfate	1.138	958		2,347	690 - 2 98
				1 1	000 2,000
COMPOUNDS OF BACTERIAL OR	YEAST/FUNGAL ORIGIN				
Bacterial - general				0.6	
36 Benzoate	0.3				<= 9.3
				594	
37 Hippurate	76	+ + +			
38 Phenylacetate	0.04	-11		0.04	<= 0.15
				0.4	
39 Phenylpropionate	<dl*< td=""><td>┥┝───</td><td></td><td> H -</td><td></td></dl*<>	┥┝───		H -	
10 n Hudrovukonzosto	0.20		10	0.99	- 2.08
	0.50			19	~= 2.00
41 p-Hydroxyphenylacetate	7	+ + +			
	7			40	. 74
42 Indican	1		◆		<= /4
43 Tricarballvlate	0.48			● ● ● ●	<= 1.41
L. acidophilus / general bacterial	-		1. S.		
,, _,				2.3	
44 D-Lactate	0.2	- - +-•			<= 7.0
Clostridial species				0.40	
45 3,4-Dihydroxyphenylpropionate	<dl*< td=""><td>-11</td><td></td><td>0.12</td><td></td></dl*<>	-11		0.12	
Yeast / Fungal					
	45			36	. 70
40 D-Aradinitoi	45 H				<= /3

Creatinine = 196 mg/dL

* < DL = less than detection limit